

Lesson Plan

NEUROHEADWAY

Neuroscience Into Education

LESSON PLAN INDIVIDUALITY

Aims:

- Introduction to basic concepts of individuality.
- What makes me? Why is it important to be me?
- Understanding social comparison.

Resources:

- ❖ Individuality lesson PowerPoint including animation.
- ❖ A4 paper, worksheets
- ❖ **Please note: Work through the PowerPoint – all student tasks are on power point.**

Activity 1: Observation of thoughts (10 mins)

Over 2 minutes pay attention to your thoughts. Notice whether they are positive or negative
Using the handout record the number of thoughts and answer the questions. During class discussion write down ideas and thoughts on the whiteboard.

Powerpoint Example

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A photograph of four young children of diverse backgrounds lying on their stomachs on a light-colored carpet. They are all smiling and laughing, looking towards the camera. The children are wearing casual clothing: a red shirt, a green shirt, a red shirt, and a green shirt. The image is oriented horizontally, but the children are lying vertically.

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Individuality

Individuality

Individuality is all about
expressing and exploring our
unique strengths, talents, and
interests.

Watch the animation, then work through the powerpoint to the first activity. Complete the activity with a class discussion on your thoughts.

Teachers Worksheets and Guides

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Teacher Evaluation Assessments

1. How challenged by the work did the pupils appear to be?
2. Did pupils ask any questions?
3. Were those questions covered in the materials?
4. Did the pupils engage enthusiastically in the activities?