

Lesson Plan

NEUROHEADWAY

Neuroscience Into Education

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LESSON PLAN

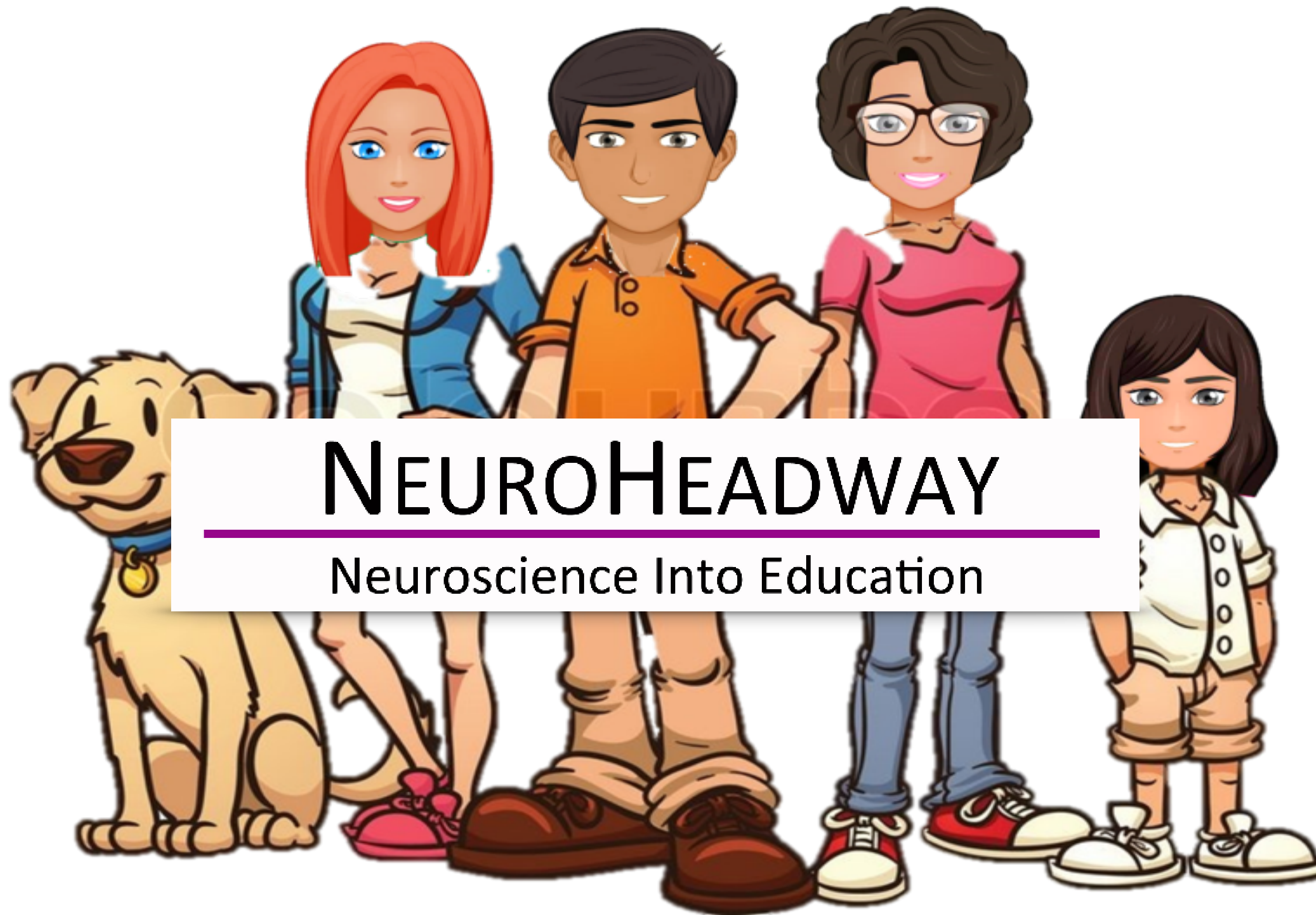
SOCIAL HEALTH AND WELLBEING

Subject	Description
Registration and brief introduction to lesson.	Today we are going to explore what is meant by social health and well being • To consider the skills and qualities required • To understand friendships and relationships Resources required: Social Health and wellbeing lesson PowerPoint A4 paper, camera or ipads Please note: Work through the PowerPoint – all student tasks are on power point.
Activity 1: Circle of Friends and relationships	Students to produce a 'circle of friends and relationships' to show the class, Ensure that they include all the things they like to do such as being part of a team.

Powerpoint Example

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Social Health and Wellbeing

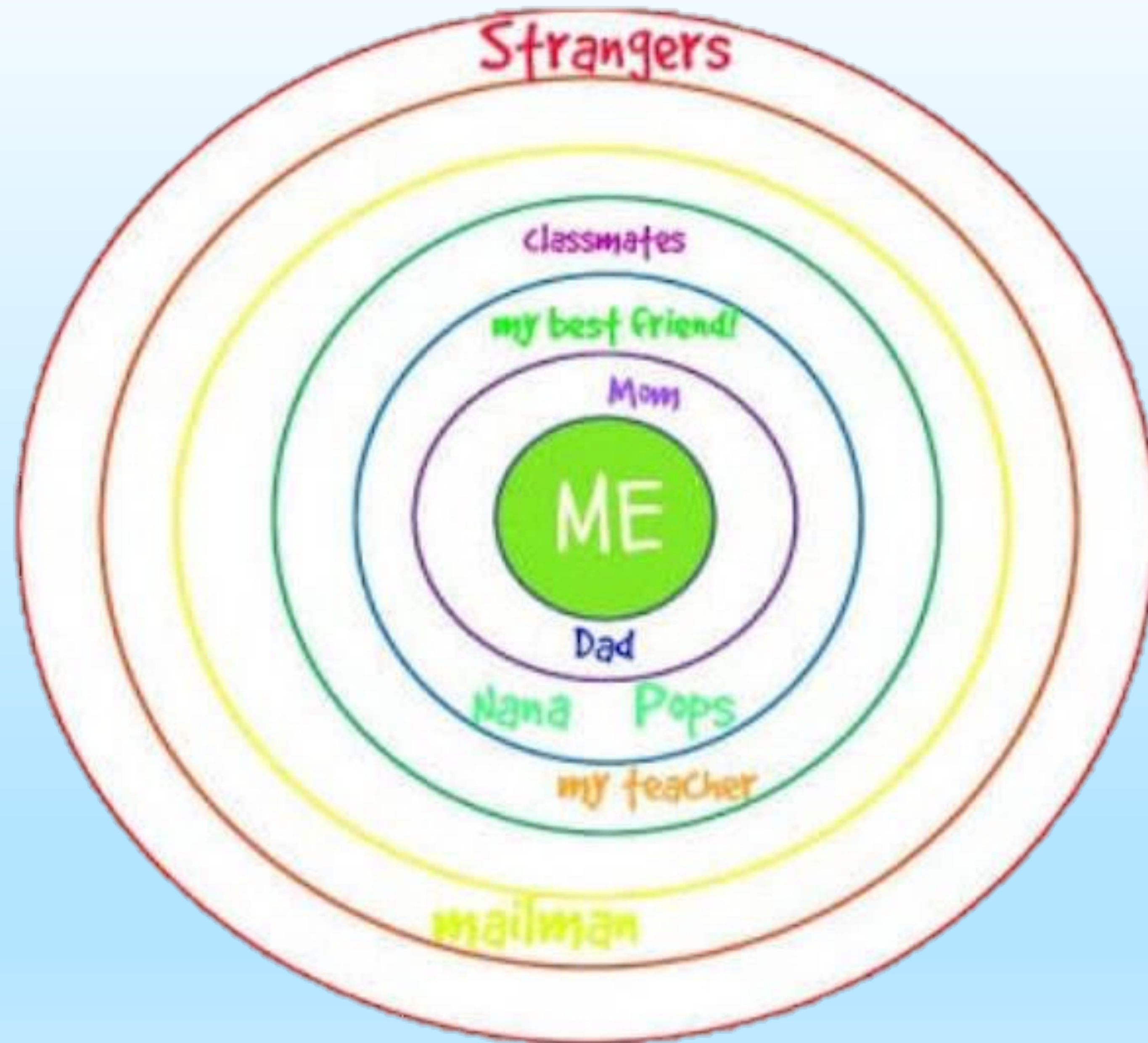
What is Social Health?

Being able to make friends, meet new people. Build **healthy relationships!**

We have relationships with our family, friends and neighbours.

We need to develop similar skills for all our relationships

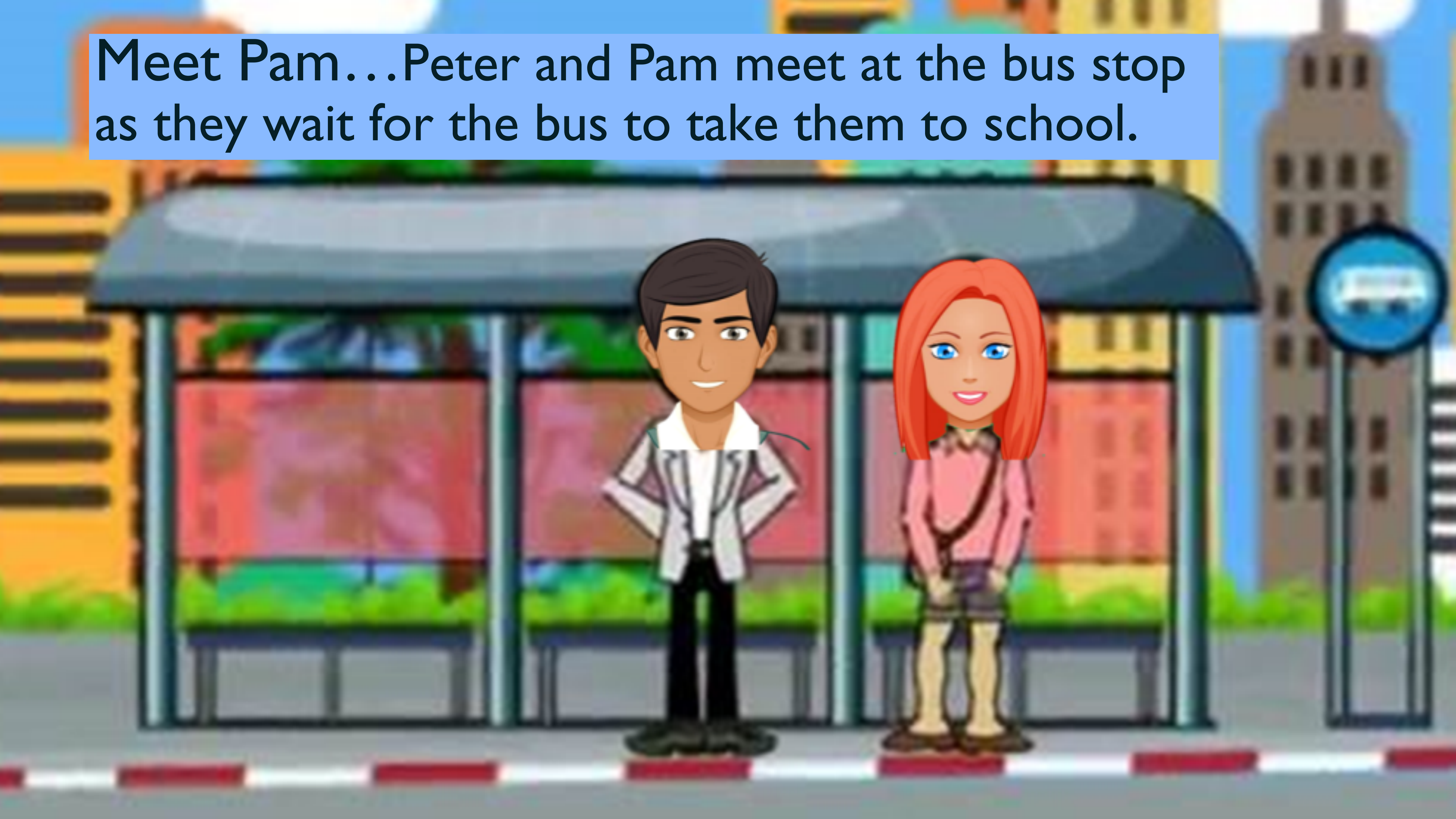




Activity 1

- Make your own 'Circle of family, friends'. Add other members of groups that you belong to. Add people in your neighbourhood/community/town/city whom you know.
- Add the names of the people.

Meet Pam...Peter and Pam meet at the bus stop as they wait for the bus to take them to school.



Teachers Worksheets and Guides

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Teacher Evaluation Assessments

1. How challenged by the work did the pupils appear to be?
2. Did pupils ask any questions?
3. Were those questions covered in the materials?
4. Did the pupils engage enthusiastically in the activities?
5. Did any student lose interest at any point?