

Lesson Plan

NEUROHEADWAY

Neuroscience Into Education

Lesson objective	Introduction	Main activity	Reflection	Success criteria
The three stages of mental and social development are commonly accepted by many experts, yet with some reservations. The latter concerns unevenness in developments and also cultural differences. LO: To understand – by the means of different concepts and description of characteristics of each stage and different contexts – what means growing up together.	Explain to children that growing together is indispensable for individual development. Nevertheless, they may individually be more or less close or near to others, that togetherness must not mean invisibility for individual child, unless he/she wants to be less noticed. Some other children may, on the contrary, wish to be outstanding in the group. Both behaviours are normal, yet not if they perpetuate. Today, only parents are permanently our parents, and not leaders, even not teachers... In general, being in group is fundamental for our learning process. In particular, when we are younger, we learn roles through imitating others, including provisory “leaders” in our ...	Go over the power point slide or animation of young people expressing interest in talking with others and those who want just see or observe others, learning from distance, so to speak. Discuss with pupils how they learn about the others: do they talk with them or rather listen gossips about them? Also, what they mostly want to know about the others and what the mostly want that the others want to learn about them? Do they prefer to take leading roles or some other, e.g. being followers, belong to “audience”, or interchangeably? Which role(s) are best for them to learn more about people in surrounding.	I understand that I can both learn more and feel more secured through contacting with various others. I assume that this is the proper way for my personal growth and maturation. I expect to learn much more about surrounding world when I grow up. Yet, learning in school is the best starter in this process.	I can understand why growing together is purposeful for all of us. Likewise, I can understand that we, as younger, may better learn about many facts, for we are more capable of memorising and of perceiving many things in this age. But, I also understand that a more complete experience with life may be achieved gradually and later on in our life. Eventually, I am interested to see what expects me in terms of personal development and how or which experiences lifelong learning process is possible.

Powerpoint Example

NEUROHEADWAY

Neuroscience Into Education

Growing up in balanced world

- Mentally balanced



- Socially balanced



Different cultures recognise human maturation in their own ways



Hunters



Graduates

Growing Together

You are **never entirely alone**, for it will not be good for you.

Likewise, you cannot simply disappear in a group: your presence is noticed by others one or the other way.



Teachers Evaluation and Handouts

NHW MENTAL AND SOCIAL DEVELOPMENT– Evaluation or what we have learned in this module

Solitude can be a mental and a social state. If permanent, it is the sign of mental and social disorder. In a normal process of personal development, solitude is transient and sometimes necessary for individual learning process. Religion may be in some cases understood as a symbolic search for ideal other(s). One or the other way, we are growing together.

NHW MENTAL AND SOCIAL DEVELOPMENT– Evaluation or what we have learned in this module

Personal development, both mental and social, runs through three stages: childhood, youth and adulthood. Very often, first two stages may be prolonged. Also, mental and social development must not be entirely synchronised (the real world is much more complex). Finally, some cultural differences exist, especially regarding definitions of mature persons. Therefore, the characteristics of each stage listed below are typical for a fraction of general population, not the whole population. In other words, they provide normative models for personal growth.