

Lesson Plan

NEUROHEADWAY

Neuroscience Into Education

LESSON PLAN: Avoiding Hurting Other People's Emotions

Slide	Subject	Description	Timing
1	Introduction	Register pupils	2 min
2	What is Bullying?	Bullying is the intimidation and pressure on others. It is any form of psychological, verbal or physical maltreatment upon others. Discuss with the class the different ways bullying can occur • School-ground bullying • Cyber-bullying	5min

Powerpoint Example

NEUROHEADWAY

Neuroscience Into Education



NEUROHEADWAY

Neuroscience Into Education

Avoid Hurting Other People

Bullying



Summary and Objectives

- What Is Bullying?
 - Signs
 - Consequences
 - Proposals For Intervention
- Evaluate how Bullying can be overcome
- How to co-exist with others inside and outside of School
- Create Skills To Promote Values
- Introduction to the Neuroscience of Bullying
 - How the Brain functions with relation to Bullying

Bullying is the intimidation and pressure on others



WHAT IS BULLYING?

Bullying is any form of psychological, verbal or physical maltreatment that occurs between two or more people.

Bullying can happen in almost any environment and at any age, not just at school. There is also cyber-bullying which is becoming a more prominent way of bullying on social media such as Facebook, Twitter and Instagram.



Teachers Worksheets and Guides

NEUROHEADWAY

Neuroscience Into Education

Bullying Scenarios

In small groups discuss the scenarios and write a solution to each one on the other side of the page.

Noah is playing with a ball in the playground when an older pupil takes it away from him.
How can you help Noah?

Someone called Toby stupid because he didn't get anything right in the spelling test.
How can you help Toby?

Someone hit Lily in the playground and called her a mean name.
How can you help Lily?

No one will play with Oliver at playtime, even though he asked to join in the games.
How can you help Oliver?